



Feline Life Stages and Care Recommendations

Kitten (<6 months)

Core Wellness

- ❖ Full physical exam every 3-4 weeks from 6-8 weeks until 16 weeks of age.
- ❖ Felv/FIV test at first visit and then repeated 60 days later.
- ❖ Fecal parasite test at each visit until two samples show no parasites.
- ❖ Deworm every 3-4 weeks until 16 weeks.
- ❖ FVRCP at 8, 12, 16 weeks, or every 3-4 weeks until at least 16 weeks of age.
- ❖ Rabies at 16 weeks.
- ❖ Felv vaccine at 12 and 16 weeks for all kittens, based on age associated risk.
- ❖ Heartworm prevention year-round in all cats. Indoor cats are also at risk for heartworm disease.
- ❖ Flea/tick control year-round. Begin at 8 weeks of age.
- ❖ Feed a high-quality kitten formula, wet and dry food diet

Special Procedures

- ❖ Spay/Neuter at 5 months of age.
- ❖ Preanesthetic blood work, with Felv/Fiv test if needed.
- ❖ Microchip with Home Again at time of spay or neuter, or earlier if desired.
- ❖ Transition from free feeding to meal feeding after spay / neuter to prevent obesity. Utilize feeding puzzles (for examples visit <https://icatcare.org/advice/puzzle-feeders/>) Begin adult diet at 1 year of age.

Adult Cat (1 – 7 years)

Core Wellness

- ❖ Comprehensive physical examination yearly.
- ❖ Purvax Rabies 3 year vaccine.
- ❖ FVRCP vaccine boosted after first year, then every three years.
- ❖ FeLV vaccine every 1 to 3 years, depending on risk of exposure (outdoors or exposure to FeLV positive, or unknown cats). If no risk of exposure boost FeLV 1 year from initial vaccines and discontinue immunization.
- ❖ FeLV/FIV test yearly if outdoors or at risk of exposure.
- ❖ Fecal test and purge deworming yearly.
- ❖ Heartworm, flea/tick prevention year-round.

Special Procedures

- ❖ Junior Health Screen blood work every year – CBC, Chemistry with heartworm test.
- ❖ Dental cleaning as needed and dental health checks annually.

Senior Cats (8+ years)

Core Wellness

- ❖ Full physical exam every 6 months.
- ❖ Monitor for weight changes, arthritis signs, changes in thirst, urination.
- ❖ Discuss age related diet changes, e.g. senior diet.
- ❖ Modify vaccine schedule for age and lifestyle.
- ❖ Rabies Purevax every 3 years.
- ❖ FVRCP every 3 years.
- ❖ FeLV vaccine every 1-3 years depending on risk of exposure.
- ❖ FeLV/FIV test yearly if at risk of exposure.
- ❖ Fecal Test and purge deworming yearly.
- ❖ Heartworm, flea/tick prevention year-round.

Special Procedures

- ❖ Senior Health Screen yearly (CBC, chemistry, electrolytes, thyroid, urinalysis)
- ❖ Blood pressure measurement yearly is optional.
- ❖ Screening thoracic and abdominal radiographs is optional.
- ❖ Dental exam at each visit, anesthetic cleaning as needed.
- ❖ Heartworm test yearly

CatCareforLife
How old is your cat?

Life stage	Age of cat	Human equivalent age
 Kitten Birth - 6 months	0-1 month	0-1 year
	2 months	2 years
	3 months	4 years
	4 months	6 years
	5 months	8 years
	6 months	10 years
 Junior 7 months - 2 years	7 months	12 years
	12 months	15 years
	18 months	21 years
 Adult 3 - 6 years	2 years	24 years
	3 years	28 years
	4 years	32 years
	5 years	36 years
 Mature 7 - 10 years	6 years	40 years
	7 years	44 years
	8 years	48 years
	9 years	52 years
 Senior 11 - 14 years	10 years	56 years
	11 years	60 years
	12 years	64 years
	13 years	68 years
 Super Senior 15 years+	14 years	72 years
	15 years	76 years
	16 years	80 years
	17 years	84 years
	18 years	88 years
	19 years	92 years
	20 years	96 years
	21 years	100 years
	22 years	104 years
	23 years	108 years
	24 years	112 years
	25 years	116 years



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